

28<sup>th</sup> January 2020

Dear Parents / Carers

This term we will be supporting the NSPCC in sharing their Talk PANTS campaign, which has been developed to help prevent abuse from happening to any child.

Talk PANTS encourages parents to have simple conversations with their children to help keep them safe, teaching children five key messages:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

Although some parents may feel this is a sensitive area to discuss with their child, we feel that sharing messages such as these with children at an early age can be very beneficial in helping protect your child. Research from the NSPCC also suggests that the messages are most valuable when taught at a young age.

Talk PANTS is specially created for parents of early years and primary school children, with engaging and age appropriate messages.

We are hosting two sessions to introduce parents to the guidance and discuss any concerns you may have. The sessions will be on **6 February at 9am to 9.30am** and **2.30 to 3pm** in the **Drama Hall**. Please contact Clare Phillips on [cphillips@goosewell.plymouth.sch.uk](mailto:cphillips@goosewell.plymouth.sch.uk) or call the office on 482960 to let us know if you can attend. You only need to attend one session.

For more information about the Talk PANTS campaign and materials visit [nspcc.org.uk/pants](http://nspcc.org.uk/pants)

Yours sincerely

Clare Phillips

Hub Lead