

## **What are High Frequency Words?**

High frequency words are words which occur most often in written material, for example, "and", "the", "as" and "it". They are often words that have little meaning on their own, but they do contribute a great deal to the meaning of a sentence.

Some of the high frequency words can be sounded out using phonics e.g. "it" is an easy word to read using phonics. However, many of the high frequency words are not phonically regular and are therefore hard to read in the early stages. These words are sometimes called tricky words or sight words.

How many of these words can your child read? How many of these words can your child spell?